

Step 7—Humbly asked God to remove our shortcomings

7K—Seeking after Power Avoidance of Power

Having power is not the problem. However, there is a problem with the pursuit of power (control or influence over people and/or situations) when it has not been granted to us. Proper power is based on moral authority where we show we make proper moral decisions under stress.

We seek control because of being hurt in the past and wanting the power to change that. The human impulse behind this is about wanting to make things right. Proper use of power results in a better world for all.

How have I and those I love been hurt by my seeking control or avoiding taking control when it is appropriate?

What is the first way to make amends to myself and those I love for this character defect?

What are the signs that I need to be aware of this defect returning?

What parts of my life would best be put in my higher power's hands in order to have proper use of power (control, influence)?

How can I have compassion on myself and others when this defect returns?	
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