

Step 8—Made a list of all persons we had harmed and became willing to make amends to them all

Step 8-G Others

Often we are not able to make amends to the actual people we hurt.

Who am I unable to make direct amends to?

Often, we experience our higher power putting someone into our lives to whom we can make amends. In many ways, we can prepare to make amends when called for. We live ready to make the world a better place for those we harmed or for those similar to those we harmed.

There are many people who will never receive amends from those who harmed them. Where can I find people who have had similar harm such as I caused?

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What would be a possible amends that I could make to those people instead of the person who harmed them?

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What would it mean to be looking to a higher power's directions for whom to make amends to?

What is my experience with a higher power changing my plans for today?

How can I be more aware of a higher power's leading in this area?

What signs am I looking for?

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Am I ready to make amends when suddenly my higher power puts someone into my path who could use them?

If not, why not?